



Working with Families

Educators and youth service providers: You may consider sharing the following resources with the parents and caregivers you work with if they are looking for more information on the topics addressed in this toolkit. Working with caregivers is not only crucial for best supporting learners living with intellectual and developmental disabilities, but also crucial to the journey of becoming trauma-informed.

As parents and caregivers, you know your children best. Your partnership with the educators and youth service professionals that work with your children will ensure that efforts are made in the best interest of your children. There are many resources focused specifically on supporting families in taking a trauma-informed approach and caring for their children with disabilities, including English learners with disabilities. The resource list below is not exhaustive but may help you get started.

The Missouri Model for Trauma-Informed Schools: Parent and Caregiver Resource Guide provides parents and caregivers with tools to cultivate trauma-informed environments that nurture children’s learning and growth. The guide includes background information and a bank of resources categorized by topic and tagged by age or developmental stage.

Missouri resources for parents and caregivers of English learners:

- [Missouri DESE – English Language Development \(ELD\)](#)
- [Missouri DESE – English Learner Rights: A resource for families](#)

Resources available in multiple languages for parents and caregivers of English learners:

- [Center for Parent Information and Resources – ELL](#)
- [Colorín Colorado – For Families](#)
- [U.S. Department of Education’s Office for Civil Rights – Schools’ Civil Rights Obligations to English Learner Students and Limited English Proficient Parents](#)
- [National PTA – Family Guides](#)



Missouri resources for parents and caregivers of students with disabilities:

- [Missouri Parents Act \(MPACT\)](#)
- [Missouri DESE Parent's Guide to Special Education](#)
- [Missouri DESE Online Training: Parents' Rights Under IDEA](#)
- [Missouri DESE Parents' Bill of Rights](#)
- [Missouri Family to Family](#)
- [Parental Readiness and Empowerment Program \(PREP\) – Missouri Special Education Parent Guide](#)
- [Financial Resources for Missouri Children and Youth with Developmental Disabilities](#)

Other resources for parents and caregivers of students with disabilities:

- [Center for Parent Information and Resources – Intellectual Disability](#)
- [American Academy of Pediatrics - Children with Intellectual Disabilities](#)
- [Understood – For families](#)
- [PACER Center](#)
- [Family Voices](#)
- [Special Parents Confidential podcast](#)
- [Child Mind – How to Help Kids Talk About Learning Disabilities](#)
- [U.S. Department of Education's Office for Civil Rights - Frequently Asked Questions About Section 504 and the Education of Children with Disabilities](#)
- [National Center for Learning Disabilities - ADA & Section 504](#)

COVID-19 resources for parents and caregivers of students with disabilities:

- [Self-help Booklet Series](#)
- [Tackling Social Skills for Children with Autism during Social Distancing](#)
- [COVID-19 Parenting: Tips for Children with Disabilities](#)
- [COVID-19 Parenting: When We Get Angry](#)
- [COVID-19 Parenting: Keep Calm and Manage Stress](#)
- [Supporting Individuals with Autism through Uncertain Times](#)

